

# Who's Who at Tobacco Free Nurses

## LINDA SARNA RN, DNSC, FAAN

Professor Sarna, Principal Investigator for Tobacco Free Nurses, has taught cancer nursing at the UCLA School of Nursing since 1976. She was an American Cancer Society Professor of Oncology Nursing and helped shape national guidelines for undergraduate and graduate cancer nursing education. Dr. Sarna has received numerous awards, including the Distinguished Merit Award for Services to Cancer Nursing from the International Society for Nurses in Cancer Care because of her contributions to cancer nursing and tobacco control. Dr. Sarna's research has focused on the quality of life and symptom management of people with cancer, especially people with lung cancer, and nursing involvement in tobacco control. She has been involved in policy efforts at national and international professional nursing organizations, including delivery of testimony to the federal government focused on increasing the role of nurses in helping patients quit smoking. Dr. Sarna has collaborated with nurses around the world to increase tobacco control content in schools of nursing.

## STELLA AGUINAGA BIALOUS RN, MSCN, DRPH

Dr. Bialous is a tobacco policy consultant and the president of Tobacco Policy International. She is the co-investigator of the Tobacco Free Nurses initiative and works as a consultant for the World Health Organization. She is a former board member of the International Society of Nurses in Cancer Care and is chair of the Society's Tobacco Control Task Force. She has published several articles on issues related to international tobacco control policy, monitoring the activities of the tobacco industry, and on nurses and tobacco control. Dr. Bialous is also a member of California's Tobacco Education and Research Oversight Committee

(TEROC) and in 2003, was the first recipient of the American Legacy Foundation's Sybil G. Jacobs Adult Award for Outstanding Use of Tobacco Industry Documents for public health.

## ERIKA SIVARAJAN FROELICHER RN, MA, MPH, PHD, FAAN

Dr. Froelicher is Professor in the School of Nursing and School of Medicine at the University of California San Francisco. Over several decades, Dr. Froelicher has worked tirelessly as a researcher, educator and clinician in the field of primary and secondary prevention of heart disease and cardiac rehabilitation. She has contributed significantly to the American Heart Association's mission to improve quality of life for patients and their families. Her extensive involvement in multiple professional organizations, research activities, publications and presentations has allowed her to disseminate and advance the state of knowledge related to the clinical management and education of patients. Her most recent research findings relate to smoking cessation interventions for women.

## MARY ELLEN WEWERS PHD, MPH, RN

Dr. Wewers is the Mildred E. Newton professor in the College of Nursing at Ohio State University. Dr. Wewers also holds an appointment as professor in the School of Public Health. She has conducted tobacco-related research since the mid-1980s. She served as the only nurse scientist on both the AHCP (1996) and AHRQ (2000) Expert Panels that developed the *Treating Tobacco Use and Dependence. A Clinical Practice Guideline*. She has maintained NIH funding since 1988 conducting research on nicotine and addiction. More recently, Dr. Wewers's work has focused on tobacco use cessation for underserved smokers, particularly

rural Appalachians who smoke and use smokeless tobacco. She serves as Co-Director of the College's Nursing Center for Tobacco Intervention Website.

## LEDA LAYO DANA O BSN, RN, MPA, PHD

Dr. Danao is Project Director of the Tobacco Free Nurses Project. Prior to coming to the UCLA School of Nursing, she worked for 20 years in the Philippines and internationally as an educator, researcher and leader in the public and private sectors in the fields of nursing, management, medical sociology, health services and evaluation research, and health and development. She has done advisory/consultancy work with the International Council of Nurses, World Health Organization, US Agency for International Development, Commission for Health Research and Development, Population Council, Institute of South East Asian Studies, Asian Development Bank, and the World Bank.

## LISA WEI CHANG MPH

Ms. Chang is the Tobacco Free Nurses Project Assistant. Ms. Chang is a health care educator with experience in nonprofit community health organizations, corporate employee wellness programs, nutritional supplement industry, and international programs with the World Health Organization.

